



MENUS

Week 1	MON	TUES	WED	THURS	FRI
Main Meal	Hong Kong Chow Chow Chicken & Vegetable £2.40	Spaghetti Bolognaise £2.40	Roast Pork, Potatoes & Medley Vegetables & Gravy £2.40	Chicken Curry & Rice £2.40	Fish Or Southern Fried Chicken & Chips £2.40
Vegetarian Main Meal	Cantonese Veg Stir Fry £2.40	Vegan Bolognaise £2.40	Butternut Squash & Feta Taco £2.40	Vegetable Balti & Rice £2.40	Battered Quorn Sausage & Chips £2.40
Pizza	Margherita £1.30	Margherita £1.30	Margherita £1.30	Margherita £1.30	Margherita £1.30
Jacket Potato	Jacket with Choice of Filling & Salad £2.40	Jacket with Choice of Filling & Salad £2.40	Jacket with Choice of Filling & Salad £2.40	Jacket with Choice of Filling & Salad £2.40	Jacket with Choice of Filling & Salad £2.40
Home Made Soup & Roll	Green pea & Vegetable £1.65	Tomato & Basil £1.65	Carrot & Coriander £1.65	Italian Bean & Pasta £1.65	Tomato & Basil £1.65
Global Concept Meal Deal	Flight Birds Chicken Tender Wrap £3.15	Joe De Frango BBQ Chicken Slider £3.15	Flight Birds Chinese Chicken Rice £3.15	Flight Birds Chicken Tender Bun £3.15	Joe De Frango Piri Piri Chicken Pitta Pocket £3.15
Global Concept Vegetarian Meal Deal	Flight birds Veggie Katsu Clucker £3.15	Joe De Frango Piri Piri Halloumi Flatbread £3.15	Wrap 'n' Roll Sir Lankan Potato & Chickpea Wrap £3.15	Flight Birds Veggie Mexican Bird Bun £3.15	Joe De Frango Piri Piri No Chicken Slider £3.15
Pasta Bar	Tomato & Basil Pasta Pot Mac & Cheese Pasta Pot £2.15	Tomato & Basil Pasta Pot Mac & Cheese Pasta Pot £2.15	Tomato & Basil Pasta Pot Mac & Cheese Pasta Pot £2.15	Tomato & Basil Pasta Pot Mac & Cheese Pasta Pot £2.15	Tomato & Basil Pasta Pot Mac & Cheese Pasta Pot £ 2.15
Hot Dessert	Chocolate & Orange Sponge & Custard £1.20	Banana Bread & Custard £1.20	Autumn Fruit Cobbler & Custard £1.20	Marmalade & Ginger Sponge & Custard £1.20	Banana Bread & Custard £1.20

Week 2	MON	TUES	WED	THURS	FRI
Main Meal	Beef Burger & Wedges £2.40	Sweet Chilli Chicken Noodles £2.40	Honey Roast Gammon, Roast Potatoes ,Carrots, Peas & Gravy £2.40	Ham & Mushroom Carbonara £2.40	Fish Or Southern Fried Chicken & Chips £2.40
Vegetarian Main Meal	Edge Plant Burger & Wedges £2.40	Vegetable Noodles £2.40	Vegetable Hot Pot £2.40	Feta & Mediterranean Veg & Cous Cous Flatbread £2.40	Spinach & Tomato Tart with side Salad £2.40
Pizza	Margherita £1.30	Margherita £1.30	Margherita £1.30	Margherita £1.30	Margherita £1.30
Jacket Potato	Jacket with Choice of Filling & Salad £2.40	Jacket with Choice of Filling & Salad £2.40	Jacket with Choice of Filling & Salad £2.40	Jacket with Choice of Filling & Salad £2.40	Jacket with Choice of Filling & Salad £2.40
Home Made Soup & Roll	Cream Of Broccoli Soup £1.65	French Onion Soup £1.65	Lentil soup £1.65	Leek & Potato £1.65	Moroccan Tomato & Chickpea £1.65
Global Concept Meal Deal	Flight Birds Tikka Chicken Rice £3.15	Flight Birds Chicken Tender Wrapper £3.15	Mexican Chilli & Blackbeans Loaded Nachos £3.15	Tandoori Club Chicken Tikka Kathi Roll £3.15	Joe De Frango Piri Piri Chicken Slider £3.15
Global Concept Vegetarian Meal Deal	Mexican Vegetarian Burrito £3.15	Dizzy Panda Teriyaki Vegetables & Egg Fried Rice £3.15	Mexican Plant Based Chilli, Blackbeans & Loaded Nachos £3.15	Tandoori Club Gunpowder Aloo Kathi Kebab Roll £3.15	Joe De Frango Piri Piri No Chicken Slider £3.15
Pasta Bar	Tomato & Basil Pasta Pot Mac & Cheese Pasta Pot £2.15	Tomato & Basil Pasta Pot Mac & Cheese Pasta Pot £2.15	Tomato & Basil Pasta Pot Mac & Cheese Pasta Pot £2.15	Tomato & Basil Pasta Pot Mac & Cheese Pasta Pot £2.15	Tomato & Basil Pasta Pot Mac & Cheese Pasta Pot £2.15
Hot Dessert	Jam Coconut Sponge & Custard £1.20	Banana Bread & Custard £1.20	Autumn Fruit Cobbler & Custard £1.20	Coconut Rice Pudding £1.20	Banana Bread & Custard £1.20

Week 3	MON	TUES	WED	THURS	FRI
Main Meal	Sausage, Mash & Peas £2.40	Lasagne & Garlic Bread £2.40	Pulled Chicken, Roast Potatoes, Stuffing, Carrots, Sweetcorn & Gravy £2.40	Cottage Pie & Broccoli £2.40	Fish Or Sothern Fried Chicken & Chips £2.40
Vegetarian Main Meal	Quorn Sausage, Mash & Peas £2.40	Vegetarian Lasagne & Garlic Bread £2.40	Falafel & Salad Pitta £2.40	Potato, Leek & Cheddar Slice £2.40	Cheese & Tomato Omelette £2.40
Pizza	Margherita £1.30	Margherita £1.30	Margherita £1.30	Margherita £1.30	Margherita £1.30
Jacket Potato	Jacket with Choice of Filling & Salad £2.40	Jacket with Choice of Filling & Salad £2.40	Jacket with Choice of Filling & Salad £2.40	Jacket with Choice of Filling & Salad £2.40	Jacket with Choice of Filling & Salad £2.40
Home Made soup & Roll	Minestrone £1.65	Mexican Chilli Bean £1.65	Roasted Summer Vegetable £1.65	Tomato & Lentil £1.65	Barley & Veg Broth £1.65
Global Concept Meal Deal	Flight Birds Chicken Tender Bun £3.15	Joe De Frango Piri Piri Chicken Slider £3.15	Flight Birds New York Buffalo Chicken Rice £3.15	Joe De Frango BBQ Chicken Slider £3.15	Tacotaria Piri Piri Chicken Taco £3.15
Global Concept Vegetarian Meal Deal	Wrap 'n' Roll Sri Lankan Potato ,Spinach & Chickpea Wrap £3.15	Joe De Frango Piri Piri Halloumi Flatbread £3.15	Dizzy Panda Thai Green Veg & Egg Fried Rice £3.15	Joe De Frango Piri Piri Halloumi Flatbread £3.15	Tacotaria Vegan Buffalo Cauliflower Taco £3.15
Pasta Bar	Tomato & Basil Pasta Pot Mac & Cheese Pasta Pot £2.15	Tomato & Basil Pasta Pot Mac & Cheese Pasta Pot £2.15	Tomato & Basil Pasta Pot Mac & Cheese Pasta Pot £2.15	Tomato & Basil Pasta Pot Mac & Cheese Pasta Pot £2.15	Tomato & Basil Pasta Pot Mac & Cheese Pasta Pot £2.15
Hot Dessert	Pineapple Upside Down Sponge & Custard £1.20	Pineapple Upside Down Sponge & Custard £1.20	Apple, Cinnamon & Date Crumble & Custard £1.20	Jam & Coconut Sponge & Custard £1.20	Chocolate Sponge & Custard £1.20

WEEKLY MENU

BREAK MENU	MON	TUES	WED	THURS	FRI
Grab & Go	Sausage Petit Pan £1.20 Bacon Petit Pan £1.20 Loaded Hash Browns £1.50	Pepperoni Pizza Bagel £1.25	BBQ Chicken Panini £2.30	French Bread Pepperoni Pizza £1.50	Pepperoni Melt £2.20
Grab & Go Veggie	Quorn Sausage Petit Pan £1.40 Hash Browns £1.10	Cheese Pizza Bagel £1.10	Cheese Panini £2.00	French Bread Mushroom Pizza £1.30	Cheese Panini £2.00
Something Sweet	Biscoff Croissant £1.20 Waffle £1.10 Waffle with chocolate sauce £1.40	Pain Au Chocolat £1.60 Waffle £1.10 Waffle with chocolate sauce £1.40	Pancake with syrup £1.25 Waffle £1.10 Waffle with chocolate sauce £1.40	Biscoff Croissant £1.20 Waffle £1.10 Waffle with chocolate sauce £1.40	Cinnamon Swirls £1.50 Waffle £1.10 Waffle with chocolate sauce £1.40



Daily Meal Deals

Grab & Go Meal Deal : Main meal with a bottle of water and choice of either Dessert of the day, Jelly or cookie
£3.15

Pasta Meal Deal : Pasta With a bottle of water and choice of either Dessert of the day, Jelly or cookie
£3.15

Jacket Potato Meal Deal : Jacket potato with filling a bottle of water and choice of either Dessert of the day, Jelly or cookie £3.15

Pizza Meal Deal : Slice of Pizza with a bottle of water and choice of either Dessert of the day, Jelly or cookie
£3.15

Cold Meal Deal : A standard sandwich or baguette with a bottle of water and choice of either desert of the day, Jelly or cookie £3.15

Global Concept Meal : Concept meal and a bottle of water £3.15



Want to know what you're eating ?

SCAN THE QR CODE TO SEE WHATS ON THE MENU



List Of Ingredients, Allergens and Carbon Footprint Labelling