

THIS WEEK'S EATS.

WEEK 1 MENU

W/C: 25/04, 16/05, 06/06, 27/06, 18/07, 08/08, 29/08, 19/09, 10/10

AVAILABLE Daily

	COUNTER One	COUNTER Two	Sides	Jackets	Pizza and Pasta	Subs and Paninis	Desserts
MON	Sweet and Sour Chicken (H) with Wholegrain Rice and Sweet Chilli Broccoli Or Vegan Chow Mein with Sweet Chilli Broccoli	Beef Lasagne (H) with Garlic and Herb Bread and Peas	Mixed Salad Sweetcorn	Baked beans Cheese Tuna Mayo Bolognese Salmon Mayo	Beef Bolognese Pasta Herby Tomato Pasta Bacon Pizza Margherita Pizza	Chicken Teriyaki Sub Cheese and Tomato Sauce Panini	Lemon Drizzle Cake
TUE	Beef Burger (H) Or Feta and Beetroot Burger With Baked Garlic and Herb Potato Wedges	Spicy Chicken Pitta (H) with Chilli Sauce, Tomato Rice	Corn on the Cob Chop Chop Salad Crunchy Raw Slaw	Baked beans Cheese Tuna Mayo	Chicken Sizzler Pizza Herby Tomato Pasta Italian Chicken Pasta Margherita Pizza	Chicken Tikka Sub Cheese and Tomato Sauce Panini	Vanilla and Blueberry Blondie with Ice Cream
WED	Roast Turkey (H) or Vegetable Pastry Slice with Roast Potatoes, Carrots, Cabbage and Gravy	Chipotle Chicken Burrito (H) with Sweetcorn	Mixed Salad Coleslaw	Baked beans Cheese Tuna Mayo Bolognese	BBQ Chicken Pasta Herby Tomato Pasta Hawaiian Pizza Margherita Pizza	Ham and Cheese Melt Sub Cheese and Tomato Sauce Panini	Apple and Cinnamon Strudel with Custard
THUR	Chicken Tikka Masala (H) or Yellow Vegetable Curry with Wholegrain Rice and Peas	Sweet Chilli Chicken Noodles (H) with Stir Fried Veg and Green Beans	Cucumber Raita Chapatti Chop Chop Salad	Baked beans Cheese Tuna Mayo	Carbonara Pasta Herby Tomato Pasta Bacon Pizza Margherita Pizza	Chicken Teriyaki Sub Cheese and Tomato Sauce Panini	Banana and Berry Cobbler with Custard
FRI	Battered Fish or Breaded Chicken Strips (H) with Chips, Peas and Baked Beans	BBQ Chicken Mac N Cheese (H) with Broccoli	Dirty Fries with Coleslaw Mixed Salad	Baked beans Cheese Tuna Mayo	Herby Tomato Pasta Margherita Pizza Veggie Hot Pizza	Vegan Vege Ball Marinara Sub	Chocolate Slice with Vanilla Ice Cream

(H) Halal Option Available

Vegetarian
 Oily fish
 Wholegrain
 Fruity!
 Nutritionist's choice



THIS WEEK'S EATS.

WEEK 2 MENU

W/C: 02/05, 23/05, 13/06, 04/07, 25/07, 15/08, 05/09, 26/09, 17/10.

AVAILABLE Daily

	COUNTER One	COUNTER Two	Sides	Jacket Potatoes	Pizza and Pasta	Subs and Paninis	Dessert
MON	Topped Mac N Cheese Cajun pulled Pork Or Crispy Cauliflower with Sweetcorn	Chipotle Chicken Soft (H) Taco with Mexican Yellow Rice and Sweetcorn	Cheesy Tortilla Bites Chop Chop Salad Chilli & Coriander Corn on the Cob	Baked beans Cheese Tuna Mayo Salmon Mayo	Italian Pasta Herby Tomato Pasta Hawaiian Pizza Margherita Pizza	Chicken Teriyaki Sub Cheese and Tomato Sauce Panini	Peach Shortcake Crumble With Custard
TUE	Beef Lasagne (H) Or Vegetable Lasagne Served with Garlic & Herb Bread	Sweet Chilli Chicken Noodles (H) With Stir Fry Veg	Broccoli Peas Mixed Salad	Baked beans Cheese Tuna Mayo Bolognese	Beef Bolognese Herby Tomato Pasta Bacon Pizza Margherita Pizza	Chicken Tikka Sub Cheese and Tomato Sauce Panini	Lemon Drizzle Cake
WED	Roast Pork with Stuffing & Apple Carrots, Cabbage and Gravy Or Sweet Potato & Chickpea Roast Roast Chicken Breast (H)	Beef Burger (H) With Garlic and Herb Potato Wedges	Roast Potatoes Coleslaw Chop Chop Sald	Baked beans Cheese Tuna Mayo	BBQ Chicken Pasta Herby Tomato Pasta Cajun Chicken Sizzler Margherita Pizza	Ham and Cheese Melt Sub Cheese and Tomato Sauce Panini	Apple & Blackberry Pie With Custard
THUR	Chicken Pitta (H) with Choice of Sauces Or Cauliflower Cheese	Chicken Korma (H) With Wholegrain Rice Pea and Sweetcorn	Chapatti Cucumber Raita Mixed Salad	Baked beans Cheese Tuna Mayo	Italian Chicken Pasta Herby Tomato Pasta Margherita Pizza Bacon Pizza	Chicken Teriyaki Sub Cheese and Tomato Sauce Panini	Secret Brownie with Raspberry Ice Cream
FRI	Battered Fish or Breaded Chicken Strips (H) with Chips, Peas and Baked Beans Or Vegan Sausage Roll	Chicken Burrito (H)	Corn on the Cob Mixed Salad	Baked beans Cheese Tuna Mayo	Herby Tomato Pasta Veggie Hot One Pizza Margherita Pizza	Vegan Vege Ball Marinara Sub	Carrot & Banana Slice With Vanilla Ice Cream

(H) Halal Option Available



Vegetarian



Oily fish



Wholegrain



Fruity!



Nutritionist's choice



THIS WEEK'S

EATS.

COUNTER
One

COUNTER
Two

WEEK 3
MENU

W/C: 09/05, 30/05, 20/06, 11/07, 01/08, 22/08,
12/09, 03/10, 24/10

AVAILABLE
Daily

	COUNTER One	COUNTER Two	Sides	Jacket Potatoes	Pizza and Pasta	Subs and Paninis	Desserts
MON	Pulled Beef Burrito (H) Or Veggie Burrito With Sweetcorn	Topped Mac N Cheese With BBQ Chicken Or Crispy Cauliflower with Sweetcorn	Cheesy Tortilla Bites Coleslaw Mixed Salad	Baked beans Cheese Tuna Mayo Salmon Mayo	Beef Bolognese Pasta Herby Tomato Pasta Chicken Sizzler Margherita Pizza	Chicken Teriyaki Sub Cheese and Tomato Sauce Panini	Apple Cracknell served with Custard
TUE	Cajun Chicken Sandwich (H) With a choice of Sauces Or Incredible Burger With Chipotle wedges, Corn slaw & Peas	Chicken Chow Mein (H) With Stir Fried Veg	Chop Chop Salad Corn on the Cob	Baked beans Cheese Tuna Mayo	Italian Chicken Pasta Herby Tomato Pasta Bacon Pizza Margherita Pizza	Chicken Tikka Sub Cheese and Tomato Sauce Panini	Raspberry Yoghurt Cake with Vanilla Ice Cream
WED	Roast Glazed Ham Or Cheesy Veg Pie Served with Carrots, Cabbage And Gravy Roast Chicken Breast (H)	New York Quorn Dog With Paprika Wedges And Apple Slaw	Mixed Salad	Baked beans Cheese Tuna Mayo	BBQ Chicken Pasta Herby Tomato Pasta Hawaiian Pizza Margherita Pizza	Ham and Cheese Melt Sub Cheese and Tomato Sauce Panini	Banana and Marble Cake With Custard
THUR	Thai Red Chicken Curry (H) Or Vegan Thai Red Vegetable Curry and Wholemeal Rice With Lime Spiced Sweetcorn	Mexican Beef Chilly (H) With Wholegrain rice	Green Beans Cheesy Tortilla Bites Chapatti Chop Chop Salad	Baked beans Cheese Tuna Mayo Bolognese	Beef Bolognese Herby Tomato Pasta Bacon Pizza Margherita Pizza	Chicken Teriyaki Sub Cheese and Tomato Sauce Panini	Peach Slice with Vanilla Ice Cream
FRI	Battered Fish or Breaded Chicken Strips with Chips, Peas and Baked Beans	Mexican Chicken Quesadilla (H) With Lime and Coriander Rice And coleslaw	Dirty Fries with Coleslaw Mixed Salad	Baked beans Cheese Tuna Mayo	Herby Tomato Pasta Margherita Pizza Veggie Hot One Pizza	Vegan Vege Ball Marinara Sub	Banoffee Pie

(H) Halal Option Available

Vegetarian

Oily fish

Wholegrain

Fruity!

Nutritionist's choice

