

Annwyl Parent/Carer,

We are writing on behalf of the Mental Health Council to inform you about the mental health and wellbeing support available within our school.

Mental health is a significant priority in our school community. We actively encourage students to seek support when needed and ensure they are aware of the trusted adults they can speak to, including their Personal Tutors, teachers, Directors of Wellbeing, and student members of the Mental Health Council, particularly older students within the group.

We would like to draw your attention to the *Wellbeing* section of the ClassCharts app. This valuable feature allows students to communicate how they are feeling in a simple and discreet way, helping to prevent feelings of anxiety or distress from building up. The information shared through this feature is monitored by staff to ensure they are aware of your child's mental wellbeing.

To use the wellbeing feature, students can scroll to the wellbeing section at the top of their ClassCharts app and select the emotion that best represents how they are feeling, using the range of faces provided.



Submitting this alert helps inform teachers of how your child is feeling, allowing them to follow up and speak with the student privately. While staff aim to respond as promptly as possible, this may not always happen immediately. If your child has not been spoken to on the same day, they are encouraged to submit another wellbeing alert so it can be prioritised.

When a wellbeing alert is submitted, it notifies your child's Director of Wellbeing (DoW/DDoW), Personal Tutor, and members of the Senior Leadership Team. If your child prefers not to use this feature, they can always speak directly to any of the staff members mentioned above.

As a council, we are committed to improving the overall wellbeing of our school and providing supportive, compassionate care for every student. Feelings of 'being unworthy' or 'not good enough' can have a serious impact on mental health, and no student should feel alone in experiencing them.

The Mental Health Council is working closely with the Behaviour for Learning Council and the Senior Leadership Team to address and tackle aspects that impact on mental health and wellbeing across the school.

As a school community—and particularly as the Mental Health Council—we are here to support your child in all circumstances. The wellbeing feature on ClassCharts provides a quick and accessible way for students, including those experiencing bullying, to seek help and receive support.

As always, we welcome and greatly value your support and feedback regarding school priorities and structures.

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Mental Health Student Council

